

[Try Prime](#)

Kindle Store ▾

Departments ▾

Your Amazon.com

Today's Deals

EN ▾

Hello. Sign in
Account & Lists ▾

Orders

Try Prime ▾

0

Cart

Buy a Kindle

Kindle eBooks

Kindle Unlimited

Prime Reading

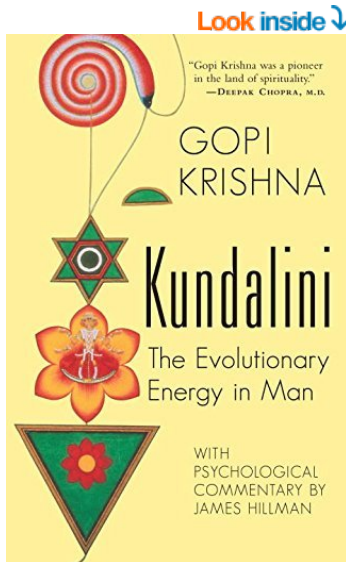
Advanced Search

Best Sellers & More

Kindle Book Deals

Free Reading Apps

Kindle Store › Kindle eBooks › Religion & Spirituality



Kundalini: The Evolutionary Energy in Man Kindle Edition

by [Gopi Krishna](#) (Author), [Gene Kieffer](#) (Foreword)

36

[customer reviews](#)

[See all 5 formats and editions](#)

Kindle
\$12.99

Hardcover
from \$21.64

Paperb
\$12.30

[Read with Our Free App](#)

[6 Used from \\$21.64](#)

[36 Used](#)
[37 New](#)
[1 Collec](#)

Coiled like a snake at the base of the spine, kundalini is the spiritual force that lies dormant in every human being. Once awakened, often through meditation and yoga practices, it rises up the spine and finds expression in the form of spiritual knowledge, mystical vision, psychic powers, and ultimately, enlightenment.

This is the classic first-person account of Gopi Krishna, an ordinary Indian householder who, at the age of thirty-four, after years of unsupervised meditation, suddenly experienced the awakening of kundalini during his morning practice. The story of

[Read less](#)

Length: [252 pages](#)

[Available on these devices](#)



Book Awards

Browse award-winning titles. [See more](#)

Print List Price: ~~\$18.95~~

Pre-order Price: **\$12.99**

Save \$5.96 (31%)

Sold by:

Penguin Random House
Publisher Services

Price set by seller.

Pre-order with 1-Click®

This title will be auto-delivered to your Kindle
on **November 21, 2017**.

Deliver to your Kindle or other device

[Add to List](#)

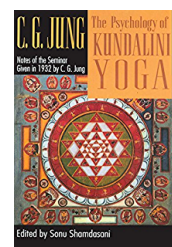
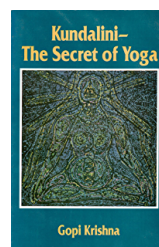
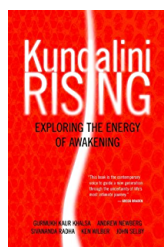
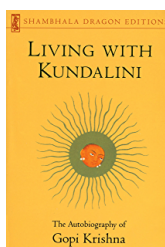
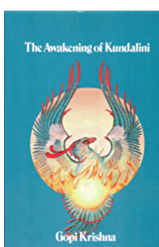
[Enter a promotion code or Gift Card](#)

[Share](#)

[<Embed>](#)

Customers who bought this item also bought

Page 1 of 9



The Awakening of Kundalini › Gopi Krishna 12 Kindle Edition \$4.99	Living with Kundalini: The Autobiography of Gopi Krishna (Shambhala...) › Gopi Krishna 19 Kindle Edition \$18.99	Kundalini Rising Gurmukh Kaur Khalsa 62 Kindle Edition \$9.99	Kundalini: The Secret of Yoga › Gopi Krishna 1 Kindle Edition \$4.99	The Psychology of Kundalini Yoga: Notes of the Seminar Given in 1932 C.G. Jung 30 Kindle Edition 1 offer from \$15.62
---	---	--	---	--

Editorial Reviews

Review



"Gopi Krishna was a pioneer in the land of spirituality."—Deepak Chopra, M.D.

"Gopi Krishna never felt that what took place was personally his. From the beginning he was a mere instrument; therefore, at the end, he is merely a mouthpiece for a vaster truth."—James Hillman, author of *The Soul's Code*

About the Author

Gopi Krishna (1903–1984) was an ordinary Indian householder who experienced the awakening of the spiritual force known as kundalini at the

Product details

Print Length: 252 pages
Publisher: Shambhala; Revised ed. edition (November 21, 2017)
Publication Date: November 21, 2017
Sold by: Penguin Random House Publisher Services
Language: English
ASIN: B071RB1FQB
Text-to-Speech: Enabled 
X-Ray: Not Enabled 
Word Wise: Not Enabled
Lending: Not Enabled
Enhanced Typesetting: Not Enabled 
Amazon Best Sellers Rank: #319,137 Paid in Kindle Store (See Top 100 Paid in Kindle Store)
 #53 in [Kindle Store](#) > [Kindle eBooks](#) > [Religion & Spirituality](#) > [Hinduism](#) > **[Rituals & Practice](#)**
 #102 in [Books](#) > [Religion & Spirituality](#) > [Hinduism](#) > **[Rituals & Practice](#)**
 #341 in [Kindle Store](#) > [Kindle eBooks](#) > [Health, Fitness & Dieting](#) > [Exercise & Fitness](#) > **[Yoga](#)**

Would you like to [tell us about a lower price?](#)

More about the author

› [Visit Amazon's GopiKrishna Page](#)



Biography
 Gopi Krishna was born in 1903 to parents of Kashmiri Brahmin extraction. His birthplace was a small village about twenty miles from the city of Srinagar, the summer capital of the Jammu and Kashmir State in northern India. He spent the first eleven years of his life growing up in this beautiful Himalayan valley.

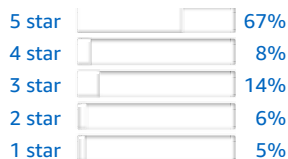
In 1914, his family moved to the city of Lahore in the Punjab which, at that time, was a part of British India. Gopi Krishna passed

[Show More](#)

Follow on Amazon
 Follow authors to get new
 release updates, plus
 improved
 recommendations and
 more coming soon.

Customer reviews

36
 4.0 out of 5 stars



Share your thoughts with other customers

Write a customer review

[See all verified purchase reviews](#)

Rated by customers interested in

[What's this?](#)

Religion & Spirituality Books

2.7 out of 5 stars

Is this feature helpful?

Philosophy Books

2.2 out of 5 stars

Meditation

2.7 out of 5 stars

Top customer reviews

Mankind's gateway into Spiritual Evolution

By [JL Britten](#) on June 2, 2013

Format: Paperback **Verified Purchase**

Let me start with a quote from Gopi Krishna viewed on YouTube: "...Social equality, altruistic and humanitarian principles, moral education, universal brotherhood, and removal of barriers between man and man. These are some of the basic factors that contribute to the harmonious progress of human kind".

Few would argue that man has not `evolved' to become a being who demonstrates the higher order thinking skills that allow him to problem solve, express creativity and be equipped with the power to comprehend an ever changing environment. This book describes one man's inadvertent `awakening' of Kundalini, which he defines as that "universal and inherent spiritual power" that resides in Homo sapiens, for the purpose of moving us towards an even higher level of consciousness or spiritual evolution. Mr. Krishna is very careful to acknowledge the universal nature of this power, an energy that transcends so called religious beliefs. The book acts as a single account of the danger of awakening Kundalini before "her time" (pg. 165), but the author also documents his progress, and his eventual understanding of the changes (both physical and mental) that take place within him.

At a time when many are searching for a practice that would cultivate a kind of inner peace that can be made manifest in the external world, Mr. Krishna has written this book. His descriptions of how his

[Comment](#) 4 people found this helpful. Was this review helpful to you? [Report abuse](#)

The best information on what happens when it all goes wrong

By [slouis](#) on November 3, 2015

Format: Paperback **Verified Purchase**

The best information on what happens when it all goes wrong. The western man should beware of engaging in those eastern yogic practices because that is some of the things that can happen. Besides that it is a good read.

[Comment](#) Was this review helpful to you? [Report abuse](#)

experiencing kundalini

By [R.Bin](#) on November 24, 2002

Format: Paperback **Verified Purchase**

A very honest trip through kundalini awakening, the author has avoided to tell us precisely what happened exactly before that very day, but you have a very clear understanding of the process.

Carefull attention is required, nothing forced like for Gopi, however his experience show us there will be a lot of awaken people in the future.

Be wise don't overdo it, awakening comes with a change in the brain and spinal apparel, consciousness has to shine within your body,needs a good and stable mind and body . Do read Osho rasjneesh books too, as meditation is learning to die going through the process of dying brings real life within you.

[Comment](#) 16 people found this helpful. Was this review helpful to you? [Report abuse](#)

I knew I wasn't losing my mind!

Most recent customer reviews

It's all BS, mine almost gone and I feel normal again! :)

John Eckhart's prayers to rout demons works pretty well to start to get rid of.

Published 3 months ago by Goddess Eve

Transmutation of Life-Force can be more safely accomplished

I first read this book in 1980. I am giving 5 stars for this book because no one else in our modern times has described full Kundalini awakening through personal experience in... [Read more](#)

Published 1 year ago by reThink

Two stars for its value as a warning and a ...

Two stars for its value as a warning and a guide on how not to do it.

Its seems that the author used his K experience to exalt his own self-worth as an intellectual and an...

[Read more](#)

Published 1 year ago by Joey Fiore

Five Stars

Good

Published on June 16, 2015 by MaryAnn FoxReule

Five Stars

I bought this for a friend.

He raves about it. I have no idea.

Published on April 23, 2015 by Patrick J. McInerney

Five Stars

Excellent

Published on November 17, 2014 by Damian Clark

Kundalini Krapola

I first read this book more than forty years ago after I had intensely awakened Kundalini and was suffering from a Kundalini disorder. [Read more](#)

Published on August 8, 2014 by L. Ron Gardner

Five Stars

Great book!

Published on July 11, 2014 by Phillip Julien

A must read on the Understanding of Kundalini!

I have read this book twice. The second time gave a much better understanding. A wonderful text on Gopi Krishna's personal experience about his Kundalini awakening. [Read more](#)

Published on October 6, 2013 by Serena

By [Amante](#) on October 29, 2011
Format: Paperback **Verified Purchase**

This book is a fantastic read! Explained, clarified what I'm currently going through spiritually. I thought for a second that maybe I was losing my mind, but then I read this book and realized that all the crazy, mind bending things I've experienced recently are symptoms of my spiritual enlightenment/kundalini energy rising. Gopni Krishna predicted that man would experience a rise of Kundalini in the future and boy was he telling the truth! Makes me look at those people walking the streets talking to themselves in a whole new light. I think many of them are experiencing this rise, but don't know how to channel it correctly. I have experienced it as well in the form of extreme anxiety and now I am certain that this was merely a symptom of the Kundalini rise. Now I know not to be afraid but instead to just go with the flow and harness it to do creative work! Hope this review encourages/helps someone else out there that has been going through similar experiences. This is a MUST READ!!! A true third eye opener <3

[Comment](#) 3 people found this helpful. Was this review helpful to you? [Report abuse](#)

classic

By [greeg martensite](#) on July 1, 2015
Format: Paperback **Verified Purchase**

I had kundalini back in the 70's. If it wasn't for this book I wouldn't have even known at the time what it was.

[Comment](#) Was this review helpful to you? [Report abuse](#)

Difficult to read

By [Bronte Jung](#) on March 30, 2012
Format: Paperback **Verified Purchase**

Many of my friends recommended this book and I finally bought it. I found a few nuggets in there but overall I found the book a bit archaic, and the format with huge paragraphs made it a little difficult to read.

[Comment](#) One person found this helpful. Was this review helpful to you? [Report abuse](#)

Unique and valuable perspective

By [TLAnt](#) on February 25, 2014
Format: Paperback **Verified Purchase**

Filled with a very valuable sharing of experiences. I thought it was especially interesting and helpful to see the Psychological perspective as well.

[Comment](#) Was this review helpful to you? [Report abuse](#)

Five Stars

By [alabama](#) on February 28, 2015
Format: Paperback **Verified Purchase**

good book on Kundalini.

[Comment](#) Was this review helpful to you? [Report abuse](#)

[See all verified purchase reviews \(newest first\)](#)

Write a customer review

Search customer reviews

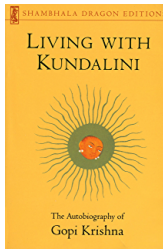
Search



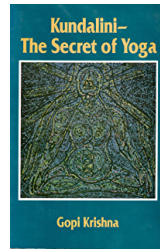
The Awakening of



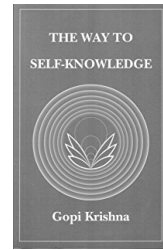
Kundalini: Questions and



Living with Kundalini: The



Kundalini: The Secret of



The Way to Self-



What other items do customers buy after viewing this item?



The Awakening of Kundalini Kindle Edition

› Gopi Krishna

12

\$4.99



Kundalini: Questions and Answers Kindle Edition

› Gopi Krishna

2

\$2.99

Look for similar items by category

- [Books](#) > [Health, Fitness & Dieting](#) > [Exercise & Fitness](#) > [Yoga](#)
- [Books](#) > [Religion & Spirituality](#) > [Hinduism](#) > [Rituals & Practice](#)
- [Books](#) > [Religion & Spirituality](#) > [Other Eastern Religions & Sacred Texts](#)
- [Kindle Store](#) > [Kindle eBooks](#) > [Health, Fitness & Dieting](#) > [Exercise & Fitness](#) > [Yoga](#)
- [Kindle Store](#) > [Kindle eBooks](#) > [Religion & Spirituality](#) > [Hinduism](#) > [Rituals & Practice](#)
- [Kindle Store](#) > [Kindle eBooks](#) > [Religion & Spirituality](#) > [Other Eastern Religions & Sacred Texts](#)

Feedback

- ▶ If you need help or have a question for Customer Service, [contact us](#).
- ▶ Would you like to report poor quality or formatting in this book? [Click here](#)
- ▶ Would you like to report this content as inappropriate? [Click here](#)
- ▶ Do you believe that this item violates a copyright? [Click here](#)

Your recently viewed items and featured recommendations

See personalized recommendations

Sign in

New customer? [Start here](#).

[Back to top](#)

Get to Know Us

Careers
About Amazon
Investor Relations

Make Money with Us

Sell on Amazon
Sell Your Services on Amazon
Sell on Amazon Business

Amazon Payment Products

Amazon Rewards Visa Signature Cards
Amazon.com Store Card
Amazon.com Corporate Credit Line

Let Us Help You

Your Account
Your Orders
Shipping Rates & Policies

- Amazon Devices

Sell Your Apps on Amazon

Become an Affiliate

Advertise Your Products

Self-Publish with Us

Become an Amazon Vendor

Sell Your Subscription on Amazon

› See all
- Shop with Points

Credit Card Marketplace

Reload Your Balance

Amazon Currency Converter
- Amazon Prime

Returns & Replacements

Manage Your Content and Devices

Amazon Assistant

Help

English

United States

- Amazon Music
Stream millions of songs

AmazonFresh
Groceries & More
Right To Your Door

Amazon Web Services
Scalable Cloud
Computing Services

DPReview
Digital
Photography

Kindle Direct Publishing
Indie Digital Publishing
Made Easy

Whole Foods Market
America's Healthiest
Grocery Store
- Amazon Drive
Cloud storage
from Amazon

AmazonGlobal
Ship Orders
Internationally

Audible
Download
Audio Books

East Dane
Designer Men's
Fashion

Prime Now
FREE 2-Hour Delivery
on Everyday Items

Withoutabox
Submit to
Film Festivals
- 6pm
Score deals
on fashion brands

Home Services
Handpicked Pros
Happiness Guarantee

AudiobookStand
Discount Audiobooks
on Disc

Fabric
Sewing, Quilting
& Knitting

Prime Photos
Unlimited Photo Storage
Free With Prime

Woot!
Deals and
Shenanigans
- AbeBooks
Books, art
& collectibles

Amazon Inspire
Digital Educational
Resources

Book Depository
Books With Free
Delivery Worldwide

Goodreads
Book reviews
& recommendations

Shopbop
Designer
Fashion Brands

Zappos
Shoes &
Clothing
- ACX
Audiobook Publishing
Made Easy

Amazon Rapids
Fun stories for
kids on the go

Box Office Mojo
Find Movie
Box Office Data

IMDb
Movies, TV
& Celebrities

TenMarks.com
Math Activities
for Kids & Schools

Souq.com
Shop Online in
the Middle East
- Alexa
Actionable Analytics
for the Web

Amazon Restaurants
Food delivery from
local restaurants

ComiXology
Thousands of
Digital Comics

IMDbPro
Get Info Entertainment
Professionals Need

Warehouse Deals
Open-Box
Discounts

Subscribe with Amazon
Discover & try
subscription services
- Amazon Business
Everything For
Your Business

Amazon Video Direct
Video Distribution
Made Easy

CreateSpace
Indie Print Publishing
Made Easy

Jungle.com
Shop Online
in India

Whispercast
Discover & Distribute
Digital Content