Ten New Studies Detail Health Risks of 5G

Analysis by Dr. Joseph Mercola

April 14, 2024

STORY AT-A-GLANCE

- Several studies published between 2022 and 2024 underscore the health risks posed by 5G technology
- Research contradicts the International Commission on Non-Ionizing Radiation Protection guidelines, demonstrating various harmful biological effects of radiofrequency radiation (RFR) on humans and the environment, including potential cancer risk
- Studies reveal 5G's potential to induce neurological damage and psychiatric problems, highlighting its effects on brain development, including the increased risk of conditions like dementia through mechanisms such as the impairment of neurosin
- A December 2023 study illustrates the detrimental effects of 5G RFR on rat sperm, showing decreased sperm count and quality, with melatonin offering a protective effect
- February 2024 research indicates significant changes in the fecal microbiome and metabolome profiles in mice exposed to 5G RFR, hinting at broader implications for health, including mental well-being and immune function

Over the past decade, I've written many articles discussing the evidence of biological harm from nonionizing electromagnetic field (EMF) radiation and radiofrequency radiation (RFR) from wireless technologies.

The video above features an interview I did with Siim Land in February 2020 for his Body Mind Empowerment podcast in which I discuss EMF — what it is, your greatest sources of exposure, how it affects your biology, and how to minimize your exposure. I also review how the telecommunications industry manipulates the truth to keep you unaware of the potential hazards.

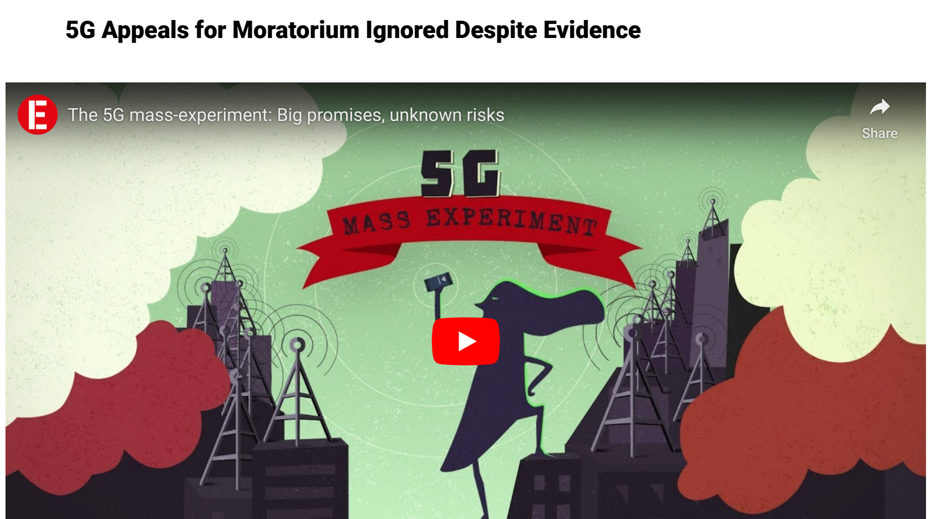
While the wireless industry is built on the premise that the only type of radiation capable of causing harm is ionizing — X-rays being one example — researchers have for a long time warned that even nonionizing and non-heating radiation can jeopardize your health. This includes not only human health, but also that of plants and animals.

Over time, I became so convinced of the deleterious effects of EMF, I took three years to write "EMF*D" which was published in 2020. In it, I reviewed the overwhelming evidence showing EMFs are a hidden health hazard that simply cannot be ignored any longer.

During the pandemic, we also witnessed the rollout and installation of 5G across the country, which has exponentially increased exposures, as it's added on top of the already existing wireless infrastructure.

The short video below, published by Investigative Europe in January 2019, gives a quick overview of how 5G differs from previous wireless technology. At the time, little if any research had been done on 5G specifically, but between 2022 and 2024, 10 new studies have been published that shed more light on this fifth-generation technology.[1]

5G Appeals for Moratorium Ignored Despite Evidence



The first of these, published in September 2022 in the journal Reviews on Environmental Health,[2] provides a good overview of the hazards 5G poses. The authors pointed out that, since September 2017, over 400 scientists and doctors have collectively submitted six appeals to the European Union, calling for a moratorium on 5G technology. All have been ignored.

The September 2021 appeal included an "extensive cover letter" in which experts argued that the EU's reliance on guidelines by the International Commission on Non-Ionizing Radiation Protection (ICNIRP) places public health at risk because the guidelines only consider "heating and no other health relevant biological effects from RFR."

The letter countered the ICNIRP's guidance with research from European and international expert groups detailing myriad adverse biological effects of RFR on humans and the environment. According to the authors:[3]

> *"Evidence to establish this position is drawn from studies showing changes to neurotransmitters and receptors, damage to cells, proteins, DNA, sperm, the immune system, and human health, including cancer.*
>
> *The 2021 Appeal goes on to warn that 5G signals are likely to additionally alter the behavior of oxygen and water molecules at the quantum level, unfold proteins, damage skin, and cause harm to insects, birds, frogs, plants and animals."*

Aggregation of Signals Pose Serious Concerns

Under the subhead "Great Plans, Great Promises but False Claims," the authors go on to highlight the government's own findings:

> *"… the potential health and safety risks associated with RFR have been exposed in a recent EU-commissioned review of the currently available scientific evidence, the 2021 European Parliamentary Research Service's EPRS/STOA Health impact of 5G report.*[4]
>
> *The conclusions of the comprehensive review declared sufficient evidence for cancer from RFR in animals, sufficient evidence for adverse effects from RFR on the fertility of men, male rats and mice, and that RFR is probably carcinogenic to humans.*
>
> *In short, the EPRS/STOA report shows that RFR is harmful for health. The report subsequently calls for measures to incentivize the reduction of RF-EMF exposures (p. 153), such as lowering the limit for allowed exposures and the preferential use of wired connections.*
>
> *Similarly, the EU's own (ITRE committee) 2019 in-depth analysis, 5G Deployment: State of Play in Europe, USA and Asia*[5] *warned that, when added to 2G, 3G, 4G, WiFi, WIMAX, DECT, radar etc., 5G will cumulatively lead to dramatically more total radiation: not only from the use of much higher frequencies in 5G but also from the potential for the aggregation of different signals, their dynamic nature, and the complex interference effects that may result, especially in dense urban areas (p 11).*
>
> *These concerns are based on the complexity of communications signals and the unknowns of their interactions. Electromagnetic signals transmitted by manmade communication devices are not regular waves; rather, they are a complex combination of ultra-high frequency carrier waves, and modulations that encode the messages using extremely-low and ultra-low frequencies.*
>
> *In addition, the signals are pulsed at ultra-low frequencies (sent in short on-off bursts). This means that although the RFR carrier waves may sit in the high frequency GHz range, their modulations and pulse rates are much closer to brain-wave frequencies; e.g., the 217 Hz pulsing of a GSM phone signal.*
>
> *Pulsed or modulated RFR signals have been shown to be more bio-active than simple continuous waves of the same intensity and exposure duration. This is of significant concern in relation to public health and is not limited to just the higher 5G frequencies.*
>
> *Furthermore, as the report noted, the effects of these new complex beam formed signals have unpredictable propagation patterns that could result in unacceptable levels of human exposure to electromagnetic radiation (p. 6) but are yet to be mapped reliably for real situations, outside the laboratory."*

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5G May Cause Neurological and Psychiatric Problems

The second study,[6] published in November 2022, investigated the effects of 4.9 GHz (one of several 5G frequencies) RFR on the emotional behaviors and spatial memory in adult male mice. The exposure was found to induce "depression-like behavior" caused by "neuronal pyroptosis in the amygdala."

Pyroptosis is a form of programmed cell death distinct from other forms of apoptosis, characterized by its inflammatory response. It involves the swelling and bursting of the cell, leading to the release of pro-inflammatory cytokines and intracellular contents that can trigger an immune response in the surrounding tissue.

This process is controlled by gasdermin proteins, which form pores in the cell membrane, and is often initiated in response to infections by pathogens or other signals indicating cellular damage.

> **"5G induces cell death in the amygdala, a region of the brain involved in emotion regulation, memory, and decision-making."**

The amygdala is a region of the brain involved in emotion regulation, memory, and decision-making. So, pyroptosis in this area could be indicative of neurological damage or inflammation, potentially affecting emotional regulation, behavior, and cognitive functions.

This could be relevant in the context of neurodegenerative diseases, brain injuries, or infections that impact the central nervous system, leading to various neurological and psychiatric implications.

Four Studies Confirm 5G's Impact on Neurology

Another four studies published in 2023 also show a variety of damage occurring in the brain:

- **5G increases permeability of the blood-brain barrier**[7] **—** In the first, RFR from 5G cellphones at 3.5 GHz or 4.9 GHz for one hour per day for 35 days straight was found to increase the permeability of the BBB in the cerebral cortex of mice.
- **RFR impairs neurogenesis and causes neuronal DNA damage**[8] **—** In the second, continuous RFR from cellphones at 2115 MHz for eight hours was shown to induce higher levels of lipid peroxidation, carbon-centered lipid radicals, and single-strand DNA damage, resulting in impaired neurogenesis in the hippocampal region and neuronal degeneration in the dentate gyrus region.

  Translation: Cellphone radiation may cause cognitive impairment and deficits, behavioral changes and dysfunctional mood regulation, neurodegenerative disorders (due to the oxidative stress within neurons) and psychiatric conditions such as anxiety and depression.
- **Electromagnetic radiation associated with anxiety**[9] **—** This study found anxiety-like behavior in male mice exposed electromagnetic radiation at 2650 MHz for four hours a day for 28 days.
- **5G may promote dementia**[10] **—** Lastly, a follow-up study on previous research concluded that RFRs at 1.8 GHz to 3.5 GHz:
  - **Inhibit neurosin**, an enzyme that plays a role in brain health, including the breakdown of proteins that, if not properly managed, could lead to conditions like Alzheimer's disease. This finding suggests that cellphone radiation could potentially interfere with the brain's ability to prevent the buildup of harmful proteins.
  - **Inhibit the electrical activity of neurons in vitro —** Neurons communicate with each other using electrical signals and this activity is crucial for everything your brain does, from processing sensory information to controlling muscle movements. Inhibiting electrical activity means disrupting normal brain cell communication, which could potentially impact brain functions.

5G Affects Brain Development

An October 2023 study[11] by Bodin et al. investigated the effects of exposure to 5G during the perinatal period — around the time of birth — on the neurodevelopment of rats. The main goal of this study was to explore how being exposed to 5G EMF around the time of birth affects the brain development of rats as they grow into juveniles and adolescents.

Both male and female rat pups exposed to 5G EMF showed delayed incisor (front teeth) eruption. This indicates that EMF exposure could potentially slow down certain aspects of physical development. The study also found notable differences in behavior based on the sex of the rats.

In adolescent female rats, there was a significant reduction (70%) in stereotyped movements, such as repetitive patterns of behavior, in the open field test. This suggests that exposure may reduce certain repetitive behaviors in females. In contrast, male rats exhibited a 50% increase in stereotyped movements, indicating that the same exposure led to an increase in repetitive behaviors.

In short, the research suggests that exposure to 5G EMF at levels below the regulatory threshold during a critical period of development (perinatal period) has the potential to cause disturbances in neurodevelopment. These effects are seen in juvenile and adolescent descendants and manifest differently in males and females.

While it's difficult to predict what the human health implications of this might be, it's worth noting that repetitive behaviors are often associated with neurodevelopmental disorders such as autism spectrum disorder (ASD) and attention deficit hyperactivity disorder (ADHD). In such cases, these behaviors may signal underlying neurological differences and can impact an individual's social interactions, learning, and daily functioning.

In some instances, repetitive behaviors can also be symptomatic of anxiety, obsessive-compulsive disorder (OCD), stress-related disorders and self-harming behaviors such as skin picking or hair pulling. For some individuals, repetitive behaviors can interfere with attention and focus, affecting academic performance, workplace productivity, and the ability to complete daily tasks efficiently.

It can also affect an individual's social interactions and relationships, and can lead to social isolation, bullying, or stigma, particularly in children and adolescents, further impacting emotional well-being and self-esteem. Repetitive behaviors, particularly those associated with anxiety or compulsive disorders, can also disrupt sleep patterns, leading to insomnia or poor sleep quality, which in turn affects overall health and well-being.

RFR Decimates Male Fertility — Melatonin Can Help Restore It

A December 2023 study,[12] which explored the negative effects of long-term exposure to 2100 MHz RFR on rat sperm characteristics, brought both good and bad news.

On the downside, male rats exposed to RFR at 2100 MHz for 30 minutes a day had a significantly higher percentage of sperm with abnormal shapes. There was also a significant reduction in the total sperm count among the exposed rats.

At a more detailed level, examining the sperm structure under a microscope (the ultrastructural level), damage was observed in critical parts of the sperm, including the:

- Acrosome, a cap-like structure that helps the sperm penetrate an egg
- Axoneme, the central shaft of the sperm tail
- Mitochondrial sheath, which powers the sperm tail's movement
- Outer dense fibers, which are part of the sperm tail

The good news is that melatonin supplementation was able to prevent these problems. Rats given 10 milligrams of melatonin per kilo of bodyweight via subcutaneous administration had increased sperm counts and the proportion of sperms with normal shapes increased. Moreover, the ultrastructural damage to sperm caused by RF exposure was fully reversed. As reported by the authors:

> *"The percentages of abnormal sperm morphology were significantly increased with RF exposure, while the total sperm count was significantly decreased … The number of total sperms, sperms with normal morphology increased, and ultrastructural appearance returned to normal by melatonin administration."*

Case Study of 8-Year-Old Boy

In January 2024, Hardell et al. presented a case study[13] of an eight-year-old boy experiencing severe headaches and other symptoms while attending a school located near a mobile phone tower equipped with 5G base stations.

The boy's school is situated 200 meters away from a mobile phone tower with 5G base stations, with his classroom being 285 meters away. Soon after starting school, he began experiencing headaches, which were initially sporadic, not occurring every day or every week.

By autumn 2023, the boy's headaches intensified, occurring daily and rated as a 10 on a 10-grade scale, where 0 signifies no discomfort and 10 indicates unbearable pain. He also experienced fatigue (rated 5) and occasional dizziness (rated 7), specifically while at school. At home, he occasionally had mild headaches (rated 2) that subsided relatively quickly.

In the autumn of 2023, he started wearing an RF-protective cap and outerwear at school, both indoors and outside, after which the headaches vanished.

This paper also cites epidemiological studies and laboratory research linking RF radiation exposure to cancer through mechanisms such as oxidative stress, mRNA effects and DNA damage, and argues for classifying RF radiation as a Group 1 human carcinogen, noting that "This classification should have a major impact on prevention measures."

5G Alters Your Microbiome

Lastly, a February 2024 study[14] by Wang et al. examined the impact of 5G RFR on the fecal microbiome and metabolome profiles in mice. The results indicated that the mice exposed to RFR experienced significant alterations in their intestinal microbial compositions, characterized by a decrease in microbial diversity and shifts in the microbial community distribution.

Through metabolomics profiling, the researchers identified 258 metabolites that were significantly differentially abundant in the mice exposed to RF fields compared to controls, which suggests it can have a profound impact on metabolic processes.

The authors concluded that exposure to 4.9 GHz RFR can cause intestinal microbiota dysbiosis in mice and hypothesized that the observed imbalances in gut microbiota and metabolism might be linked to depression-like behaviors in mice seen in so many studies. The imbalance in the metabolic profile may also be associated with changes in immune regulation or inflammation.

5G Will Harm Every Living Being

5G Will Harm Every Living Being

In September 2019, the Minister for Communications, Hon. Paul Fletcher MP asked the Committee to complete and inquiry into the "deployment, adoption and application of 5G in Australia."[15] In response, Paul Barratt, on behalf of ElectricSense, submitted a document, available as a download from aph.org, stating, in part:

> *"5G is dangerous and will harm every living being. Thousands of studies link low-level wireless radio frequency radiation exposures to a long list of adverse biological effects, including:*
>
> - *DNA single and double strand breaks*
> - *oxidative damage*
> - *disruption of cell metabolism*
> - *increased blood brain barrier permeability*
> - *melatonin reduction*
> - *disruption to brain glucose metabolism*
> - *generation of stress proteins*
>
> *Let's not also forget that in 2011 the World Health Organization (WHO) classified radio frequency radiation as a possible 2B carcinogen. More recently the $25 million National Toxicology Program concluded that radio frequency radiation of the type currently used by cell phones can cause cancer.*
>
> *But where does 5G fit into all this? Given that 5G is set to utilize frequencies above and below existing frequency bands 5G sits in the middle of all this. But the tendency (it varies from country to country) is for 5G to utilize the higher frequency bands. Which brings its own particular concerns."*

Barratt goes on to list "11 reasons to be concerned about 5G radiation," including:

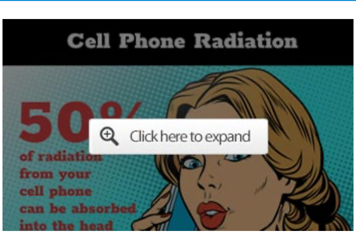
Denser electrosmog
Skin diseases and pain, as "analyses of penetration depth show that more than 90% of the transmitted power is absorbed in the epidermis and dermis layer"[16]
Eye damage
Effects on the heart, including impacts on heart rate variability and arrhythmias
Reduced immune function
Depressed cell growth rates and alterations in cell properties and cell activity
Increased risk of antibiotic-resistant pathogens
Necrosis in plants, and the possibility that plant foods may become unsuitable for human consumption
Atmospheric effects and fossil fuel depletion
Eco system disruptions
Misleading 5G study results, as most do not pulse the waves. As noted by Barratt, "This is important because research on microwaves already tells us how pulsed waves have more profound biological effects on our body compared to non-pulsed waves. Previous studies, for instance, show how pulse rates of the frequencies led to gene toxicity and DNA strand breaks"

Protect Yourself and Your Family From Excessive EMF

There's no doubt in my mind that RF-EMF exposure is a significant hazard that needs to be addressed if you're concerned about your health. The rollout of 5G certainly makes remedial action more difficult, but the added hazards are all the more reason to get involved and do what we can to minimize exposure.

Here are several suggestions that will help reduce your EMF exposure and help mitigate damage from unavoidable exposures. For even more do's and don'ts, see the infographic by the Environmental Health Trust below.

Identify major sources of EMF, such as your cellphone, cordless phones, Wi-Fi routers, Bluetooth headsets and other Bluetooth-equipped items, wireless mice, keyboards, smart thermostats, baby monitors, smart meters and the microwave in your kitchen. Ideally, address each source and determine how you can best limit their use. Barring a life-threatening emergency, children should not use a cellphone or a wireless device of any type. Children are far more vulnerable to cellphone radiation than adults due to having thinner skull bones. Research[17] also demonstrates that infants under the age of 1 do not effectively learn language from videos, and do not transfer what they learn from the iPad to the real world, so it's a mistake to think electronic devices provide valuable education.
Connect your desktop computer to the internet via a wired Ethernet connection and be sure to put your desktop in airplane mode. Also avoid wireless keyboards, trackballs, mice, game systems, printers and portable house phones. Opt for the wired versions.
If you must use Wi-Fi, shut it off when not in use, especially at night when you're sleeping. Ideally, work toward hardwiring your house so you can eliminate Wi-Fi altogether. If you have a notebook without any Ethernet ports, a USB Ethernet adapter will allow you to connect to the internet with a wired connection.
Avoid using wireless chargers for your cellphone, as they too will increase EMFs throughout your home. Wireless charging is also far less energy efficient than using a dongle attached to a power plug, as it draws continuous power (and emits EMF) whether you're using it or not.
Shut off the electricity to your bedroom at night. This typically works to reduce electrical fields from the wires in your wall unless there is an adjoining room next to your bedroom. If that is the case, you will need to use a meter to determine if you also need to turn off power in the adjacent room.
Use a battery-powered alarm clock, ideally one without any light.
If you still use a microwave oven, consider replacing it with a steam convection oven, which will heat your food as quickly and far more safely.
Avoid using "smart" appliances and thermostats that depend on wireless signaling. This would include all new "smart" TVs. They are called smart because they emit a Wi-Fi signal and, unlike your computer, you cannot shut the Wi-Fi signal off. Consider using a large computer monitor as your TV instead, as they don't emit Wi-Fi.
Refuse a smart meter on your home as long as you can, or add a shield to an existing smart meter, some of which have been shown to reduce radiation by 98% to 99%.[18]
Consider moving your baby's bed into your room instead of using a wireless baby monitor. Alternatively, use a hard-wired monitor.
Replace CFL bulbs with incandescent bulbs. Ideally remove all fluorescent lights from your house. Not only do they emit unhealthy light, but more importantly, they will actually transfer current to your body just being close to the bulbs.
Avoid carrying your cellphone on your body unless in airplane mode and never sleep with it in your bedroom unless it is in airplane mode. Even in airplane mode it can emit signals, which is why I put my phone in a Faraday bag.[19]
When using your cellphone, use the speaker phone and hold the phone at least 3 feet away from you. Seek to radically decrease your time on the cellphone. Instead, use VoIP software phones that you can use while connected to the internet via a wired connection.
Avoid using your cellphone and other electronic devices at least an hour (preferably several) before bed, as the blue light from the screen and EMFs both inhibit melatonin production.[20,21] Research clearly shows that heavy computer and cellphone users are more prone to insomnia.[22] For example, one 2008 study[23] revealed that people exposed to radiation from their mobile phones for three hours before bedtime had more trouble falling asleep and staying in a deep sleep.
The effects of EMFs are reduced by calcium-channel blockers, so make sure you're getting enough magnesium. Most people are deficient in magnesium, which will worsen the impact of EMFs. As previously noted by EMF expert Dr. Martin Pall: *"When you're deficient in magnesium, you get excessive activity of the VGCCs. You also get excessive calcium influx through the N-methyl-D-aspartate receptor, caused by magnesium deficiency, which is also problematic, so it's important to allay that deficiency."*
Pall has also published a paper[24] suggesting that raising your level of Nrf2 may help ameliorate EMF damage. One simple way to activate Nrf2 is to consume Nrf2-boosting food compounds. Examples include sulforaphane-containing cruciferous vegetables, foods high in phenolic antioxidants, carotenoids (especially lycopene), sulfur compounds from allum vegetables, isothiocyanates from the cabbage group, and terpenoid-rich foods.
Molecular hydrogen has been shown to target free radicals produced in response to radiation, such as peroxynitrites. Studies have shown molecular hydrogen can mitigate about 80% of this damage.[25,26,27,28,29] Molecular hydrogen will also activate Nrf2, a biological hormetic that upregulates superoxide dismutase, catalase and all the other beneficial intercellular antioxidants. This in turn lowers inflammation, improves your mitochondrial function and stimulates mitochondrial biogenesis.



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Extraordinary article that makes up the destruction of human health by 5G technology. Let us also consider a future of mastery of the human mind. neuroweapons and the global "battle" for control of the human brain with the 5G system. Samuel Koslov, a leading figure on the US Navy's Pandora project and a researcher at Johns Hopkins University, said the conference had shown that external electric fields can "become a key to cellular control...The social, economic and even military are huge... UNESCO's International Bioethics Committee (IBC) wrote: "External tools that can interfere with our decisions can question, or even challenge, an individual's free will and, consequently, his or her responsibilities.

In this way, neurotechnology could affect freedom of thought, decision-making and action. Current legislation that protects human rights must be updated to cover the new threats posed by advances in neurotechnology. Otherwise, the future of humanity will not respect human rights and will be controlled by manipulators of the human mind, emotions and bodily functions. This manipulation could be carried out by the secret services of national or foreign governments, using pulsed microwave transmissions from mobile phones.

The fifth generation of mobile phone systems (5G) is ubiquitous and controls things remotely (for example, self-driving cars). The sixth generation of mobile telephony aims to connect the human brain to the Internet and the first sales of this technology are already expected within 9 years. The EU is the only large agglomeration of states that does not possess technology for mass manipulation of human brains. China, with help from Russia, recently completed construction of its system in Sanya, Hainan province, the United States operates the HAARP system, and Russia operates the Sura system.

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All of these systems are, among others, capable of producing strong electrical currents in the ionosphere, transmitting pulsed microwaves at brain frequencies there through terrestrial antenna systems. These alternating currents produce strong electromagnetic waves in the ionosphere at brain frequencies that reach large areas of the planet and will control the brain activity of their populations (Elon Musk's Starlink system with 20,000 satellites around the planet could be used for the same purpose, or 5G satellites, if they were pulsing their transmissions at the frequencies of the human brain).

www.globalresearch.ca/peoples-brains-bodies-not-protected-against-atta.. (2023).----- www.globalresearch.ca/world-competition-control-human-brains-should-st.. (2024).--------------------DIET NRF2, improves the Nrf2 gene. It is made up of various forms of flavonoids, which can be obtained from common sources such as berries, green and white teas, chocolate, grapes, apples, citrus fruits, onions, broccoli, curcumin, turmeric and carotenoids such as zeaxanthin and lutein, dark green vegetables and leaves and spices (saffron, turmeric or paprika) are a particularly rich source of polyphenols. 1) polyphenols such as epigallocatechin 3-gallate from green tea and quercetin from apple; (2) non-flavonoid polyphenols such as curcumin and resveratrol; (3) phenolic acids or diterpenes such as rosmarinic acid or rosemary carnosic acid; and (4) organosulfide compounds such as isothiocyanate, L-sulforaphane, broccoli and allicin, garlic thiosulfonate.

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juststeve
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To make a long story short, just one more thing we are unable to opt out of. This makes informed consent unnecessary, so full steam ahead. What torpedo's, they are only for the little people.

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stoneharbor
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Thank you both Gui and juststeve for mentioning that 5G is "just one MORE" thing we are faced to deal with by the corporations that are run by the elite that are out to sell their actual destructive systems. We've been plagued by threats to our health since the industrial revolution began, and today we are asked to focus on just one horrible one, 5G. But we've been subjected to physical insults for 200 years from the likes of "commercial fertilizers" that actually ruin the soil, not improve it.

Think how long we've endured "amalgam" fillings and glyphosate in our foods, and "chlorinated" water. 5G is just the current focus, but the problem is a lot greater than this. I will put in a new comment about the whole problem, because if we are going to tackle one issue, we might as well tackle all of technocracy. The solution will be simpler if we indict the whole threat, instead of fighting individual toxins. We need to fix the human ignorance, not just stop one individual threat to our existence that arose out of ignorance.

Mark as Spam | Posted On 4/14/2024 4:21:12 AM

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juststeve
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Hear, hear Stoneharbor! If there is to be a number one issue needing to be addressed it is the Global Monopoly Corporate Capture of anything one can think of. The current power structure are not likely to speak of it, they are captured by it. For the most part it is recognized, has been recognized for a long time, something is rotten. Because of long time masterful messaging a large number of We, the People have been mad as hell at all the right things, but mostly for all the wrong reasons. Strongly expressed here many times is a list longer than our arms of skunkery, such as this 5G business. Bottom line, if this Globalist Corporate Capture of any and all things is not addressed, no matter where one stands on the individual issues, nothing meaningful changes or can change coming from what amounts to the very definition of Fascism. Financial, Military, Industrial, Academic, Media complex all intertwined with WEF/WHO/UN.

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Guillermou
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Thanks Just and stoneharbor. In all of this we have environmental pollution, the interests of large corporations to the detriment of health and biodiversity. The problem: Air pollution is a global public health crisis and the fourth leading cause of death worldwide. Nine out of 10 people around the world breathe unhealthy air and the burning of fossil fuels is both the largest source of air pollution and the main cause of climate change. Some associations are working to help a billion people breathe cleaner air this decade. By identifying local pollution in countries around the world, we are giving policymakers, community groups and the private sector the tools they need to reduce pollution and hold polluters accountable.

Air pollution contributes to up to 36,000 premature deaths a year. Activists like Rosamund, the mother of 9-year-old Ella Kissi-Debrah, whose tragic early death a coroner concluded: "She died of asthma due to exposure to excessive air pollution," have been campaigning for decent goals. regarding air pollution. in the new law. The government plans to reach its concentration target for the most harmful fine particles until 2040, but Rosamund, Friends of the Earth and others say this must be achieved no later than 2030.

Without stronger air pollution targets, more young lungs will suffer from unacceptably bad air, as well as putting people at greater risk of strokes, heart attacks and lung cancer. 5G has been hailed by governments and certain vested interests as transformative but has become the subject of fierce controversy, fueled by four key areas of scientific concern.

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There is increasing epidemiological evidence of such effects due to previous generations of RF-EMF exposure at lower levels Persistent allegations that some national telecommunications regulatory authorities have failed to base their RF-EMF safety policies on the latest science, amid potential conflicts of interest. Recent reviews such as those by Dr. Mercola of laboratory data on RF-EMF indicate that exposures can produce wide-ranging effects, including reproductive, fetal, oncological, neuropsychiatric, cutaneous, ocular, and immunological. guides.libraries.uc.edu/c.php .--- www.edf.org/.../clean-air .--- friendsoftheearth.uk/system-change/5-things-you-need-know-about-new-en.. .--- More than 180 scientists and doctors in nearly 40 countries are warning the world about the health risks posed by 5G technology.

The response of these scientists to "Resolution 1815 of the Council of Europe" explains it succinctly: "We, the undersigned scientists, recommend a moratorium on the deployment of the fifth generation, 5G, until the potential risks to human health and the environment have been fully investigated by independent industry scientists.

"5G technology will substantially increase exposure to radio frequency electromagnetic fields (RF-EMF)and this has been shown to be harmful to humans and the environment." If you're not alarmed by the dangers of 5G radiation, you should be... With download speeds up to 20 to 30 times faster than 4G, 5G promises a new world, including self-driving cars while causing a long list of potential health risks. The cities of Brussels and Geneva even blocked trials and banned upgrades to 5G due to this concern. emfscientist.org/.../emf-scientist-appeal

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Joined On 1/16/2013 10:42:16 AM
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Guillermo, juststeve, stoneharbor — you have described the whole situation with electropollution very well! It is about runaway technocracy and about the forced militarization of our societies where anything immoral and dangerous to the public is justified by a greedy cabal and the corrupt politicians who will not hesitate to poison you, depopulate you, feed you bugs, or zap you with whatever technology they invent & decide to unleash on mankind! This is a very technical topic and most normal people who don't

have high-level engineering education don't grasp the complexity and the seriousness of EMF. This invisible consumer & military technology is all around us and it is used without our consent and most cases without our knowledge, often in most insidious ways!

Dr. Mercola is way ahead in his understanding of how all this runaway technology causing electropollution affects our health. I bought his excellent 2020 book EMF*D and I have recommended it to others as the best resource which everybody ought to read. Books by Dr. Robert Becker, his 1990 Cross Currents - The Perils of Electropollution, and especially his 1998 The Body Electric, are also excellent. Dr. Becker is an early pioneer in this field and he was already trying warn the mankind about the various harmful aspects of EMF, including the misuses and abuses of the technology by the military, which is way ahead in all sort secret research.

There is one crucial weakness in all this - there is no good effective consumer meter which could easily identify the various sources of harmful EMF! All meters mentioned in EMF*D are cheap useless gadgets. Real meters are very expensive & complex. Since this is such an important issue, Dr. Mercola, or other experts, could perhaps go even deeper into how electropollution could be quantifiably & realiably measured. We cannot escape it, but we should at least be able to reliably measure what is harming us most, so we can take some intelligent action to reduce the harm.

Mark as Spam | Posted On 4/14/2024 11:34:51 AM

Like Dislike

Guillermou
Joined On 4/7/2015 8:47:48 AM
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Yes PTH, 5G wireless technology is a war against humanity. UN staff member and long-time whistleblower Claire Edwards, who recently contacted me with this powerful story affecting all of humanity and our shared future. Watch the interview above, or on YouTube here or on Facebook here. Josh del Sol Beaulieu Having spent years editing space-related UN documents, I know that outer space is a geopolitically contested issue and that any adverse event involving a military satellite risks triggering a catastrophic response. [4] Space law is so inadequate just one example is the complexity of space liability law [5],[6] that we could really call Earth orbits a new Wild West.

China caused international consternation in 2007 when it demonstrated an anti-satellite weapon by destroying its own satellite. Space debris is the top concern among space-capable nations, with the so-called Kessler syndrome posing a cascade of space debris that could render Earth's orbits unusable for a thousand years. After a 5G base station was installed 60 meters from her second-floor apartment, an otherwise healthy middle-aged Swedish woman developed debilitating symptoms corresponding to radiofrequency (RF)/microwave syndrome, researchers at the Foundation for Environment and Cancer Research (ECRF).

) in Sweden reported this month. This was the third such case that investigators documented. According to their case study, published in the Annals of Clinical and Medical Case Reports, fifth-generation (5G) wireless technology is being deployed around the world "despite no prior research on potential negative effects on human health and environment".

Mark as Spam | Posted On 4/14/2024 2:57:38 PM

Like Dislike

Guillermou
Joined On 4/7/2015 8:47:48 AM
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Global Research has listed 13 reasons, exposing the dangers of 5G and shedding light on potential risks that could become a colossal health and privacy catastrophe if not addressed immediately. The refusal of insurance companies to support wireless corporations against 5G-related claims is surprising and underlines the lack of comprehensive security testing. The launch of 5G is a significant technological leap, but the potential health and privacy risks associated with it cannot be ignored. As concerns grow, there is a pressing need for comprehensive, independent research to assess the true impact of 5G on human health and the environment. Activism, awareness and informed public discourse are crucial to addressing the dangers of 5G and ensuring a responsible and safe implementation of this technology. Observe how the human body is used for wireless transmission
www.globalresearch.ca/5g-danger-13-reasons-5g-wireless-technology-will.. (2024).--
www.globalresearch.ca/recent-case-severe-microwave-syndrome-reveals-pr.. (2023).---
www.globalresearch.ca/5g-wireless-technology-is-war-against-humanity/5..

Mark as Spam | Posted On 4/14/2024 2:58:30 PM

Like Dislike

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fvtomasch
Joined On 3/11/2017 7:33:24 AM
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Gui-Don't forget 6G is in the pipeline by 2030 or less in Asia where they rolled out 5G. www.lifewire.com/6g-wireless-4685524
www.nokia.com/.../6g-explained

Mark as Spam | Posted On 4/15/2024 8:13:19 AM

Like Dislike

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stoneharbor
Joined On 6/30/2008 1:05:17 PM
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This is a great article. I can't remember another article that defines the problem of 5G any better than this one. I just use my time though to try to make the point that 5G is a symptom, a result, of run-away technocracy. Like other tell-tail symptoms such as chlorinated water, amalgam fillings, pervasive glyphosate, organochlorine compounds (like PCBs), PFAs (forever chemicals) in uphostery, clothing and carpets, these health concerns have been identified dozens of years ago but have essentially remained, only to be joined by literally thousands of new plastics and micro particles that are created every year to pollute our atmosphere, land and water. My point will be, why tackle a single symptom, when we have had hardly any success at this anyway, when the problem is much greater, and needs to be addressed.

We need to educate humanity in general. We can't even have successful "Regenerative" agriculture, really successfully, until we fix this problem with runaway technology. It's because "regenerative" means "natural" means "biodegradable" everything, like nature originally was. Organic living means living with substances that can all, within nature, decompose and provide nutrients for the next generations of all species. But man has stepped away from Organic living, creating all kinds of Forever chemicals and life destructive technologies like 5G.

Do we need this? Don't we have enough technology now to allow successful living for mankind without letting corporations use scientists, engineers, and other technocrats create life-threatening substances, all in the name of profit? I don't believe this is just a conspiracy, where corporations get governments to allow them to perpetrate evils that make mankind more into slaves. That goes on, but even with no conspiracy, the scientists and engineers are rabid to keep their jobs, and further the technologies. We need to educate the masses on the real problem here. Industry is throttling human health.

Reply | Mark as Spam | Posted On 4/14/2024 4:44:30 AM

Like Dislike

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stoneharbor
Joined On 6/30/2008 1:05:17 PM
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So if we were all Mennonites, Amish or Hutterites we would be up to speed on this issue. But we aren't. And we are being led this way and that by thousands of organizations that have an objective to tackle maybe only one of these toxic substances or technologies, or that are tackling forms of government collusion like the WEF, WHO, and the UN that are threatening our lives with schemes that amount to bondage into a greater, world-wide slave state. Effectively we are almost as helpless and misinformed as the sheep that we criticize for following the Global Warming scare tactics (and there are a few thousand organizations reaping money yearly just trying to better "educate" those sheep on the dangers they face and the remedies that are, for the moment, suggested for fixing the Climate Crisis).

So what can we do on a more all-encompassing scale? I mean, so we don't waste our time on individual issues, that all derive from having way too many scientists and engineers (and yes government employees in hundreds of departments) that are all just trying to keep their jobs, though they really have no more use to humanity in general.

I almost believe that, intended or not, orchestrated or not, the Dali / Francis Scott Key Bridge collision should be taken as a wake-up call at how fragile our world-spanning infrastructure for transportation actually is. And our communication system, with or without 5G, may be just as fragile. By making huge systems, we are threatening huge swaths of humanity when we then have simple problems in single locations. If someone is trying to show us how much healthier 15 mile cities are if they are truly independent, they may be making a cogent point. Either way, learn from the mistakes.

Mark as Spam | Posted On 4/14/2024 4:52:55 AM

Like Dislike

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stoneharbor
Joined On 6/30/2008 1:05:17 PM
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More on Technocracy as a political football that deserves study, if we are going to control or eliminate it:
www.bostonreview.net/.../whats-wrong-with-technocracy Here's more on "what can we do" about this technological trap we are in: "As such, the challenge of the 21st century will not be whether society can accomplish ever more technological breakthroughs, but whether governments recognize the limitations of rampant technocracy and continue to seek more transformational solutions to wicked problems.... In all, the future demands new ideas. Unless there is a radical change to the policy-making paradigm, governments are stuck with the probable reality that humankind cannot simply out-digitise its own flaws." This was from The Asia and Pacific Policy Society: www.policyforum.net/technocracy-a-solution-or-a-problem-of-its-own/ Since the tech people, including the scientists, engineers, authors and analysts are not going to quit their jobs and just go back to the garden, we are going to need to somehow give them their pink slips or suggest more socially rewarding professions.

And one way to do this is to broadly educate our species on the absolute evils that we've adopted just from rampant technocracy. What I would like suggested here, if others have some links, are ideas and organizations that actually address the larger issue of Technocracy, and how we can manage this now seriously overweight lion in the room. Any ideas or organizations that can help us?

Mark as Spam | Posted On 4/14/2024 5:25:13 AM

Like Dislike

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juststeve
Joined On 1/5/2012 11:13:54 AM
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Yes, yes and in case it wasn't mentioned - yes! From your post - "but even with no conspiracy, the scientists and engineers are rabid to keep their jobs, and further the technologies." Yes, it is a massive self-policing system mostly unseen until things get so unbalanced it can't be ignored. Another big yes and thank you for pointing out how the Bridge Collapse shows how bone headed all this drive to have all shuttled into one controlled lane is doomed before it starts. Many, diffused Locally driven supply lines delivering at the very least our most basic needs insures a healthier reboot in nearly any scenario Humanity could face. All this drive for supposedly Smart This and Thats is really pretty dumb, especially for the regular Salt of the Earth Folks.

Mark as Spam | Posted On 4/14/2024 5:34:41 AM

Like Dislike

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stoneharbor
Joined On 6/30/2008 1:05:17 PM
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Yes, good points juststeve. For me, a picture of a grounded container ship and a fallen bridge and all the wasted effort to rebuild and late-deliver all those containers was worth thousands of words, and also a few dozen thoughts on how "bone headed" our over-linked (and thus over-interdependent) delivery systems now are. Corporations were built and expanded to be world-wide conglomerates purely because, thanks to cheap fossil fuels and advantages of huge factories and warehouses, they could always "out compete" all small businesses. But in building big, and then expanding, and in getting governments to provide great infrastructure, they have built in an Achilles' Heel.

If it could all gracefully crash, it would issue in a better future. But this isn't going to happen too soon. If we could use some reasoning power anywhere these days, it might be to make this happen as soon as possible though. I don't like the prospects of having 5G, then 6G showering down upon us through toxic atmosphere while toxins get more prevalent in our soils and water, and also in our bodies. Right now, there are no limitations on technocrats and their inventions, all to further caustic businesses. We won't get change unless we get educated. We need a campaign stronger than "Black Lives Matter" that is only about "Healthy Lives Matter".

I am still hoping someone will provide us a link here of a powerful organization that can get out this message of the uselessness of almost all modern technology. If we can't find that, there are already organizations which continually provide articles on all the ways that Organic Living is being compromised and what we can do to combat the threats. One that I recommend that you can subscribe to is the Organic Consumers Organization: organicconsumers.org/organic-bytes-newsletter-846-dont-give-up-control.. (today's issue)

Mark as Spam | Posted On 4/14/2024 5:58:54 AM

Like Dislike

Guillermou
Joined On 4/7/2015 8:47:48 AM
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Great truths stoneharbor and Just. It is the war between technology, environmental pollution and human beings In 1987, the Bruntland Report defined sustainable development as development capable of "meeting the present needs of humanity without compromising the ability of future generations to meet their needs." For the world to be sustainable, three essential conditions must be met:--- 1) Take advantage of renewable resources at a speed consistent with their renewal.----- 2) Do not consume non-renewable resources at a faster rate than necessary to find substitutes---- 3) Produce pollution and waste only at rates that the Earth and its inhabitants can assimilate or absorb.---- None of the three conditions are met today: fisheries are depleted; the level of the aquifers drops; there are proven oil reserves for a few decades; GHGs saturate the atmosphere.

Thus, the transition to sustainability has become a necessity for the maintenance of human life and the conservation of biodiversity, an economic and environmental, educational and moral imperative. In the so-called mechanistic paradigm, which supports the cause/effect conception technology resources wealth whose validity for 300 years has resulted in the emergence of global problems of a multi-causal nature: the ecological limits of Biocapacity on planet Earth have been ignored, and it has not taken into account the complexity of the interactions between their living systems.

Mark as Spam | Posted On 4/14/2024 5:59:48 AM

Like Dislike

Guillermou
Joined On 4/7/2015 8:47:48 AM
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In recent decades we have witnessed the formation of an ICT (Information and Communication Technologies) oligopoly that concentrates gigantic power in the hands of the owners of information technologies and the owners of the Internet. A few companies (Microsoft, Apple, Foxconn, Google, Amazon...) control the communications of a large majority of the population, they have control over the information that people generate and put it at the service of purposes of dubious social utility, such as the creation economic benefit or opinion engineering. The origin of this power has been the identification of a new accumulation niche: what Shoshana Zuboff has called "behavioral surplus value," which produces "surveillance dividends."2 The companies involved in this Surveillance Capitalism have profited by obtaining enormous masses of data.

from the daily use of platforms such as Facebook, Twitter or Google. Ecologists in Action carried out a Study on the "Impact of 5G on health." In its report it outlines the adoption of measures to encourage the reduction of exposure to RF EMF." "For example, fiber optic cables could be used to connect schools, libraries, workplaces, homes, public buildings and all new buildings, etc., and places of public assembly could be "RF EMF FREE" zones.

(as well as "Smoke-Free" zones) to prevent passive exposure of people who do not use a mobile phone or long-range transmission technology, thus protecting many vulnerable elderly or immunocompromised people, children and hypersensitive people. Promote information campaigns about 5G. "promote information campaigns must be carried out at all levels, starting with schools. Citizens must be informed of the possible health risks,..., and the correct use of mobile phones...".
ehtrust.org/major-environmental-group-of-spain-issues-statement-on-5g/

Mark as Spam | Posted On 4/14/2024 6:00:14 AM

Like Dislike

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stoneharbor
Joined On 6/30/2008 1:05:17 PM
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Well spoken, Gui. Essentially we need to revert to "organic" only. If nature didn't invent or evolve it, don't invent it. Reshape nature by applying nature, but forget plastics, nano-tech, and unnatural wave. The 1987 Bruntland Report was correct, but for me, doing things "without compromising the ability of future generations to (do anything including) meet their needs" can just be accomplished by forgetting totally about "non-renewables", as those tend to be the toxins. Even mined iron ore is renewable, as it's essentially naturally sourced elements. But taking crude oil and turning it into plastics that cannot be naturally recycled? There should be harsher limits on this science. If the Amish have been living for hundreds of years without this stuff, why should we think we need it for happiness? Let's go back to "biodegradable" standards.

Mark as Spam | Posted On 4/14/2024 6:22:44 AM

Like Dislike

Glastian
Joined On 1/18/2021 8:16:54 AM
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Well said Stoneharbor. The longer I live, the more I realise that we need to go back to nature, live in tune with nature. Without natural living, the planet is slowly dying from corporate chemicals, as are all living things due to the insidious effects of these chemicals. Now we have 5g being forced upon us by these blind and greedy idiots who put power, money and profit above all else to the detriment of all peace-loving beings. Architects of their own demise, I would say, and consequently ours too. From what little I know of RF, I note that microwave ovens operate at around 2.5 GHz. Maybe over-simplifying things, but sticking your head in one of these things is not recommended for obvious reasons, so what effects will 5g radiation at 28GHz 24/7/365 have on all forms of life? Once the genie is out of the bottle, it can't be put back in. Recommended reading: Arthur Furstenburg "The Invisible Rainbow", and articles by Barry Trower on the weaponisation of RF.

Mark as Spam | Posted On 4/14/2024 8:14:02 AM

Like Dislike

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stoneharbor
Joined On 6/30/2008 1:05:17 PM
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I like the phrase "Architects of their own demise" Glastian. We need to paint the picture that we threaten ourselves in this way, by not living a natural life that simply cycles from from life to decomposition to feeding new life. I say "paint a picture" because it may be more valuable than words. But regardless, we need to get the idea across that when we make objects that step outside this natural circle, we are, in the long term, creating at least useless corpses of inert, non-recyclable mass, but potentially creating toxins that will never disappear but will damage and destroy natural body after natural body as one after the other dies off and passes the toxin on to other natural consumers of the toxic material.

Mark as Spam | Posted On 4/14/2024 9:40:43 AM

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Krofter
Joined On 6/2/2015 9:47:59 AM
Add as Friend | Send Message

Wise words stoneharbor. Ultimately, it's a battle for the human spirit. secularheretic.substack.com/.../escaping-prison

Mark as Spam | Posted On 4/14/2024 10:11:20 AM

Like Dislike

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pth888
Joined On 1/16/2013 10:42:16 AM
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stoneharbor — you are correct in most of what you say, I wish we could educate humanity in general about the various dangers. Although I am not sure Mennonites & Amish are up to speed on the complexities of technology, which they instinctively shun as "devil's invention" and try to avoid. Likewise a mere escape to wilderness or to "nature" is not a solution any more - the Mennonites & Amish escaped from Europe, came to America, but where do they escape now? The problem of technology has been apparent since the evils of Industrial Revolution shocked mankind, and there were deep debates among intellectuals about technology as far back as at least a century.

Is technology in itself evil? Is knowledge, science & technology some Faustian bargain with the Devil as Goethe suggested? How do we control technology? I think wise people long time realized that technology in itself is not evil, an axe is a useful tool and it can be used for good purposes and also for evil and war as a battle-axe.

Likewise with nuclear power and electricity. The real trouble is the evil in the human mind - greed, pride, arrogance, and all sort of depravity, precisely as these are outlined in various moral codes of various cultures and civilizations, all of which faced the same problems. So of these moral codes and Golden Rules, which one is, or has been, the best and the most effective? Which is the only one that correctly identifies human depravity for what it is? What is the nature of this real Evil we are fighting?

Mark as Spam | Posted On 4/14/2024 12:05:00 PM

Like Dislike

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stoneharbor
Joined On 6/30/2008 1:05:17 PM
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Well, it has been said that "The love of money is the root of all evil." True, technology is not evil. But employing engineers and scientists now is almost totally at the hands of corporations that are after financial gains. And such is not possible without developing new products or new processes. The important question is, with Nature introducing so few changes upon us, and only corporate competition being what brings on rapid change, if all corporate competition were stopped by removing the whole concept of "improvements" for profit, would man be better off, or worse off without any more improvements?

Let man still use the axe. That's not the evil. Probably what this will come down to is the discovery that the "15 mile city" brings on a level of enforceable laws and ethics that will allow more control of what products are even in demand and what products are shunned. Business will serve the neighborhood or go out of business. Simpler technology that is merely serving simple demands will survive while elaborate technology will no longer be necessary. Evil will be easily identified and shunned. So will dangerous, or potentially dangerous substances and methods.

Mark as Spam | Posted On 4/14/2024 12:20:55 PM

Like Dislike

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juststeve
Joined On 1/5/2012 11:13:54 AM
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Glastian, I generally use the phrase - Murderers of their own Wealth, but I very much like your Architects of their own demise! It is more than just $$$$ going down the drain.

Mark as Spam | Posted On 4/15/2024 4:13:02 AM
Like | Dislike

Blivet2
Joined On 6/1/2023 9:15:59 AM
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Thank you-- My long-time notion is: People tend to think that this radiation is a public health issue, and if they can just get the attention of public officials, things can be turned around. But it seems to me, this radiation is primarily a centerpiece of the militarization of our world (and conversion of it to Smart Cities, Smart Grid, and so on), and there's no way the powers that be plan to give it up, and the public use of it is just a tail on the donkey. (Or something like that)

Reply | Mark as Spam | Posted On 4/14/2024 4:04:17 AM
Like | Dislike

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lau3554
Joined On 12/24/2021 6:49:44 PM
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Regarding protection from 5G, etc.. Thanks to all for this great information. First question: The article spoke about the little boy who experienced relief from symptoms by wearing protective clothing. Do any of you have any recommendations for protective clothing? Second: The article stated that quite a lot of damage is being done to our skin. Any recommendations about cremes to help shield and/or to care for said damage? Lastly, and I don't know whether this is a viable solution but heard that painting your walls with lead-based paint may help shield. Thanks in advance for your helpful comments.

Reply | Mark as Spam | Posted On 4/14/2024 8:55:36 AM
Like | Dislike

Krofter
Joined On 6/2/2015 9:47:59 AM
Add as Friend | Send Message

Don't use paints with metals. Although they can block EMF's, they also reflect them. If you use emf emitting devices inside a room painted with metallic emf blockers, the signal will get exacerbated by bouncing around inside the room. What you want to use is a paint that absorbs emf's. There are several on the market. Beware of those with any form of graphene, which is toxic to the human body. What you want is paint with with natural charcoal in it. To protect yourself from exterior sources of emf's (cell towers, satellites, power lines, transformers) I recommend plastering the outside of your house with with a charcoal based plaster. Of course. you must also take all the precautions listed in the article to eliminate emf' production inside your house. Ultimately, we need to put s stop to the mindless use of emf's.

Mark as Spam | Posted On 4/14/2024 10:03:48 AM
Like | Dislike

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stoneharbor
Joined On 6/30/2008 1:05:17 PM
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Aluminum has always been good at fairly cheaply stopping EMF radiation. 5G has some extra challenges due to the shorter wave length. Here's some ideas on shielding, including clothing type materials and foams used with 5G: emfacademy.com/aluminum-foil-emf-radiation emfknowledge.com/2019/09/25/aluminum-foil-blocks-emf-radiation/ Specific for protection from 5G radiation: defendershield.com/ultra-armor

Mark as Spam | Posted On 4/14/2024 10:09:06 AM
Like | Dislike

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forbiddenhealing
Joined On 2/21/2011 9:51:43 AM
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If the electrical nature of all life was widely understood, electromagnetic influence on biology would become obvious!

Reply | Mark as Spam | Posted On 4/14/2024 8:47:53 AM
Like | Dislike

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sue2613
Joined On 6/6/2015 8:25:09 AM
Add as Friend | Send Message

If you want to find out how 5G affects you, go to a place that does not have any kind of cell or wireless service. I know someone with leg and walking problems who is better after only a few days "off the grid". After about 2 weeks all the symptoms are gone.

Reply | Mark as Spam | Posted On 4/14/2024 12:08:15 PM
Like | Dislike

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artist.jill
Joined On 5/9/2011 11:16:56 AM
Add as Friend | Send Message

I have Dr. M's book, "EMF*D" and it's awesome. Robert F. Kennedy Jr. spoke out early on about 5G as well. Both he and Dr M. have referenced each other's work over time, and we Mercolans are the better for it! Now that RFK, Jr. is running for Pres, you'll want to check out all the policies on the Kennedy 24 site: www.kennedy24.com/policies as so many of the issues we face are intertwined. The topics listed link to substantive but short reads, plus in many cases post the pertinent video shorts on the same page. So you can read, watch, or both and get filled in quickly. For example, "End the Chronic Disease Epidemic" ~ www.kennedy24.com/end-chronic-disease and "Regenerating America's Soil, Farms, And Food" ~ www.kennedy24.com/revitalization ~ Read how RFK, Jr plans to "Protect Our Environment from Corporate Corruption and Contamination" ~ www.kennedy24.com/environment ~ Remind yourself (and your friends) how it's "We The People" Not "We The Corporations" ~ www.kennedy24.com/heal ~ Check out the border issue: ~ www.kennedy24.com/border ~ And lots more!!

Go to the home page www.kennedy24.com find FAQs or go to About Us and read about RFK's new running mate, Nicole Shanahan. ~ ~ ~ Haven't heard much about him? Hmmmm... maybe it has something to do with censorship of our free speech? Check out RFK, Jr.'s priorities about our fundamental civil liberties ~ www.kennedy24.com/liberties ~ Lots more vids on the site too! ~ www.kennedy24.com/news-videos

Reply | Mark as Spam | Posted On 4/14/2024 12:18:09 PM
Like | Dislike

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artist.jill
Joined On 5/9/2011 11:16:56 AM
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When people simply read what he has to say, when people listen to him for even a few minutes, they are wowed, and they join the movement. Things are changing fast, Guys. RFK is leading Trump and Biden in favorability according to a recent Fox News poll: Trump is at 45%, Biden is at 39%, and Kennedy is at *47%*. ~ ~ ~ ~ ~ ~ Check out the site, this is an amazing movement in an amazing time -- and maybe chip in even a small donation ~ www.kennedy24.com/donate to send a message of support and help fund a totally grassroots campaign; read: no mega-corporate sponsors!! C'mon, Guys, you may know about RFK's work thanks to our Dr. Mercola!

Mark as Spam | Posted On 4/14/2024 12:18:52 PM
Like | Dislike

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artist.jill
Joined On 5/9/2011 11:16:56 AM
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And yes, it's hard to believe but true, the Biden administration via Mayorkas has denied Secret Service protection for Kennedy for a FIFTH time. 5th!!! Folks, you may have noticed that both Trump and Kennedy have spoken decently about each other -- so even those who are considering voting for Trump have still signed the petition to enable SS protection for RFK and even have donated to the campaign. If you would like to send a message to the powers that shouldn't be, go here, only takes a minute: ~ security.kennedy24.com Join the movement!!!!!!!!!

Mark as Spam | Posted On 4/14/2024 12:19:47 PM
Like | Dislike

Trailermaid
Joined On 4/9/2023 11:11:02 AM
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Even if you take precautions to EMF protecting measures in ur home example , cell phone , router , smart meter covers , there are still the 5 G towers in the city and close by . You are surrounded by neighbors EMF producing devices . Even tho I have covered and turned off many things in our home , I have had tinnitus since they put up the 5 G towers here . The 5 g towers are a bio weapon . I know some people who live where there is no cell service (forested area) that's the only solution but unfortunately we aren't able to move . . .

Reply | Mark as Spam | Posted On 4/14/2024 10:55:08 AM
Like | Dislike

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quantumfome
Joined On 1/18/2010 4:17:55 PM
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You all know by now when the bees die, we will all slowly die (we don't have Star Trek food replicators). I don't think we can all live fully with chemically processed food without a grain and fruit base. If 5G greatly affected rats, what is it doing to the bees? Dr. Mercola and others like him, God Bless them, try their best to teach us what is good for us and what isn't, but the powers-that-be only listen to the dollar. Someone needs to test 5G on the bees and other pollen spreaders and do it fast.

Reply | Mark as Spam | Posted On 4/14/2024 9:37:12 AM
Like | Dislike

Tiptriptrap
Joined On 12/20/2021 6:53:59 AM
Add as Friend | Send Message

I don't think bees are exempt. Sociopaths don't care. It's not the devices that will kill us. It is the towers.

Mark as Spam | Posted On 4/14/2024 10:35:34 AM
Like | Dislike

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mac2972
Joined On 6/19/2014 5:36:40 AM
Add as Friend | Send Message

Last year I posted a picture of dead bees at the foot of a 5G tower. These pollinators are critical to our food supply. We had better smarten up before it's too late.

Reply | Mark as Spam | Posted On 4/14/2024 6:48:21 AM
Like | Dislike

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smiller352
Joined On 4/2/2012 11:02:04 PM
Add as Friend | Send Message

as I read today's articles on my phone using 5G

Reply | Mark as Spam | Posted On 4/14/2024 4:29:44 PM
Like | Dislike

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pecanroll
Joined On 7/2/2020 10:12:50 PM
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Time to take the towers down

Reply | Mark as Spam | Posted On 4/14/2024 3:35:22 PM
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chief8024
Joined On 3/18/2020 4:37:14 AM
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From my own experience, I was highly sensitive to the frequencies emitted from the old CRTs. I could easily hear a computer monitor inside a class room from thirty feet outside and walk right right up to it and turn it off even if it were on total black screen. The new flat screens don't bother me a bit. That said, certain people are more sensitive to environmental issues (radiations, pesticides, pollens, sounds, etc) than others. Definitely some things need to be legislated after study and proof. In a perfect world, they would be studied and proven before implementation, but that world does not exist. Meanwhile, personal measures, such as outlined in this article and others, are great advice for those who have sensitivities.

Reply | Mark as Spam | Posted On 4/14/2024 1:57:00 PM
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wareagle82
Joined On 1/25/2022 10:01:46 AM
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How were the people who warned of this treated? Just like those who warned about the vax, about years and years of zero-interest rate borrowing, about the vacuousness of sanctuary city policies and anti-cop rhetoric. And nothing was learned.

Reply | Mark as Spam | Posted On 4/14/2024 10:40:57 AM
Like | Dislike

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grulla
Joined On 1/17/2012 8:03:55 AM
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Some cell companies such as Verizon, ATT, Consumer Cellular, etc., offer a (semi) stationary "Home Phone" service that emulates a landline, as your unused landline telephone instrument is simply plugged in to the RF, G4 modem that the cellco provides. However, that modem is equipped with indoor, dual rubber duck antennas, not good for EMFs. But one can situate that RF modem by a window in another seldom used room, connecting and distancing the modem to the landline phone instrument via the old (or new) unused phone wire stapled near the floor, thus avoiding those EMFs.

Another possibility is that those dual rubberduck indoor antennas are attached to the RF cellular modem via common electronic industry SMA , (not the WIFI RSMA), connectors. That conveniently permits ordering industry standard "NMO" outdoor antenna kits, some of which have the difficult-to-apply (optional) SMA connectors preattached to their co-ax cables. That will not only safely distance one from EMFs, but also help RF signal reception in remote areas. For the outdoor antenna option, one might want to hire a professional radio tech to do the installation. www.youtube.com/watch

Reply | Mark as Spam | Posted On 4/14/2024 8:40:58 AM
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jjack7977
Joined On 5/23/2017 6:57:49 PM
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And they were working SOOOOO hard to install 5G all around the world during the very first world wide lock down, ESPECIALLY around elementary schools! Deagel Report who was an scientific analyst for the US government, US population to be less that 100 million by 2025!.....How many have died in this country since the jab started??....that we are AWARE of?? 7-10 million in the US alone??...VAERS just dumped more files last week claiming at least (only 1-10% reported due to the time limitation on the reporting system, how convenient) 700,000+ injuries from the jab........I, like many many others have lost total faith and confidence in this countries medical system, cannot be trusted at all!

Reply | Mark as Spam | Posted On 4/14/2024 8:26:24 AM
Like | Dislike

Sue6876
Joined On 9/27/2020 3:07:16 PM
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Raleigh/Durham in NC is at 8G!!! A trial area- how lucky! Not sure electric cars or the blue lights-LED everywhere is good either. Feeling low buzz on earth air everywhere here. Time to move- but where? Where in the US is free of this?

Reply | Mark as Spam | Posted On 4/14/2024 8:17:22 AM
Like | Dislike

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sue2613
Joined On 6/6/2015 8:25:09 AM
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Some areas of Northern Vermont are cell free.

Mark as Spam | Posted On 4/14/2024 12:11:09 PM
Like | Dislike

CMT367
Joined On 10/16/2018 8:46:43 AM
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The county supervisor boards are approving experimental RF install trials. This is happening everywhere , so the answer is to organize and badger the licensing councils (including your local chamber of commerce) not to let Raleigh residents be victimized in future. Pittsfield, MA is example of that; the residents of a residential street organized to stop 5G Verizon cell tower in their 'hood. Don't know if they succeeded but they tried. If Vermont is free of the RF menace, as Sue2613 claims, its b/c the residents organized and fought it...

Mark as Spam | Posted On 4/15/2024 10:00:01 AM
Like | Dislike

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grulla
Joined On 1/17/2012 8:03:55 AM
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Recently, my satellite ISP, Viasat, upgraded their equipment aiming at a different satellite and replacing both the LNA in the existing dish and as well as the indoor RF/IF internet modem. I had to make sure that if the modem had indoor WIFI capability, to tell Viasat to make sure to keep that the WIFI option was in fact turned OFF! As an experiment, I asked the Viasat admin to turn on the modem's WIFI connectivity to make sure it was off by default. It was, as turning on the modem caused much static and spurious RF that could be heard on my landline phone and TV. After those test results, I was sure glad I had asked for that test...WOW!!! And of course the modem is connected to my tabletop laptop directly via a hardwire ethernet (LAN) cable.

Reply | Mark as Spam | Posted On 4/14/2024 8:11:20 AM
Like | Dislike

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churchlanefarm
Joined On 4/8/2010 7:08:45 AM
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The microbes will undoubtedly adapt, that adaptation however will not be pleasant for some, perhaps many, due to the interference of our symbiotic relationship with impacted microbes and resulting effects on our overall health.

Reply | Mark as Spam | Posted On 4/14/2024 8:09:05 AM

Like Dislike

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ghfinn

Joined On 2/9/2016 7:51:02 AM

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Things the gut has tried to awaken us to now to somehow separate ourselves from the herd before the cliff.

Reply | Mark as Spam | Posted On 4/14/2024 7:30:52 AM

Like Dislike

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ttr76629

Joined On 9/19/2023 8:33:46 AM

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With the 6G+ technology and Neurotechnology (Internet-of-Bodies/Transhumanism), it will control a person's thinking process and actions. Revelation 9:6 And in those days shall men seek death, and shall not find it; and shall desire to die, and death shall flee from them.

Reply | Mark as Spam | Posted On 4/14/2024 6:50:45 AM

Like Dislike

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nateanthony

Joined On 10/28/2020 5:57:57 AM

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5G along with mRNA nano vaccines and AI are mechanisms of human control and slavery. Avoid and don't comply with institutions and government agencies that push them. pixels.com/.../nate-anthony

Reply | Mark as Spam | Posted On 4/14/2024 4:48:41 AM

Like Dislike

Cinci24

Joined On 10/30/2023 11:59:44 PM

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The article is right. It profoundly affects the gut microbiome. I moved into a flat that faced two 5G antennas (I didn't know what they were at the time) and my gut microbiome was completely killed off on day 1 leading to profound constipation (but with little fecal matter) and nothing really helped to resolve it. It took me 6 months to figure out what was causing the issue. At the same time my son developed extreme hyperactivity, memory issues, complaining of being hot as well as profound digestive issues.

Reply | Mark as Spam | Posted On 4/14/2024 1:15:47 AM

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