

The Kundalini Experience: Psychosis or Transcendence

Paperback

by [Lee Sannella](#) (Author)

[9 customer reviews](#)

[See all 3 formats and editions](#)

Hardcover
from \$90.00

[4 Used from \\$90.00](#)

Paperback
from \$14.42

[35 Used from \\$14.42](#)
[13 New from \\$49.74](#)

Many people have heard of the extraordinary phenomenon of kundalini awakening in which a persons body is swept by muscle spasms, indescribable sensations & sharp pains running throughout the body. He feels his body tearing within. Then suddenly he laughs & is overcome with bliss. When allowed to progress to completion, this process

[Read more](#)

[Share](#)

[47 used & new](#) from **\$14.42**

[See All Buying Options](#)

[Add to Wish List](#)

Trade in your item
Get a **\$1.60**
Gift Card.

[Trade in](#)

[Learn More](#)

Have one to sell?

[Sell on Amazon](#)

Customers Who Bought This Item Also Bought

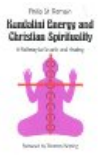
Page 1 of 7



Kundalini: The Evolutionary Energy ...
Krishna Gopi

[\(22\)](#)

Paperback
\$12.92



Kundalini Energy & Christian ...
Philip St. Romain

[\(6\)](#)

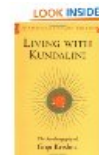
Paperback



Spiritual Emergency: When Personal ...
[Stanislav Grof](#)

[\(23\)](#)

Paperback
\$11.30



Living with Kundalini ...
(Shambhala Dragon ...)
Gopi Krishna

[\(12\)](#)

Paperback
\$20.32

Product Details

Paperback: 168 pages

Publisher: Integral Pub; Revised edition (June 1987)

Language: English

ISBN-10: 0941255298

ISBN-13: 978-0941255295

Product Dimensions: 0.8 x 6.2 x 9 inches

Shipping Weight: 0.8 ounces

Average Customer Review: [\(9 customer reviews\)](#)

Tell the Publisher!

I'd like to read this book on
[Kindle](#)

Don't have a Kindle? [Get your Kindle here](#), or download a
FREE Kindle Reading App.

Best Books of the Year

Looking for something good to

Amazon Best Sellers Rank: #504,090 in Books ([See Top 100 in Books](#))

Did we miss any relevant features for this product? [Tell us what we missed.](#)

Would you like to [update product info](#), [give feedback on images](#), or [tell us about a lower price](#)?



read? Browse our editors' picks for the **Best Books of the Year** in fiction, nonfiction, mysteries, romance, and much more.

More About the Author

[Visit Amazon's Lee Sannella Page](#)



Discover books, learn about writers, read author blogs, and more.

Customer Reviews

(9)
4.7 out of 5 stars



[See all 9 customer reviews](#)

Now everything continues, to make more and more sense.

Robert M. Foster

I acutally bought a copy of this book 10 years ago, read it, and thought it was a load of baloney.

Reb S.

The author does a good job of presenting the data in a rational, semi-scientific manner.

Kult

Most Helpful Customer Reviews

27 of 28 people found the following review helpful

SO Grateful For This Book!

By [Reb S.](#) on June 9, 2008

Format: Paperback **Amazon Verified Purchase**

I acutally bought a copy of this book 10 years ago, read it, and thought it was a load of baloney. (And was secretly freaked out by the thought that it might NOT be baloney). Then, since I didn't want to consider the possibility, I got rid of the book. Now, 10 years later, a year after my OWN chakras started 'waking up'(and freaking the heck out of me!) I was directed to this book again and am now drinking it up, absolutely relieved that it exists, because the process it's describing is EXACTLY what's happening to me. (So much for my baloney theory!)It's too bad the book is out of print now, but kudos to all of the other sellers who are still making it available. Talk about the right book at the right time. If you suspect your energy is raising itself to a higher level (or you're not sure what's going on) check out this book. It may help a lot! It defintely has helped me. (And, in truth, the fact that I read it years before I went through this experience actually helped me to recognize it when it started happening to me).

[Comment](#) Was this review helpful to you?

24 of 28 people found the following review helpful

Lucid, readable, useful.

By [Craig Chalquist, PhD, author of TERRAPSYCHOLOGY and DEEP CALIFORNIA](#) on October 11, 1999

Format: Paperback **Amazon Verified Purchase**

I recommend this as an intro into the understanding of what Grof and Grof have dubbed "spiritual emergence," an increasingly common pattern of psychobiological activity often misdiagnosed as psychotic. -- Craig Chalquist, M.S., creator of the Thineownself self-exploration site.

[Comment](#) Was this review helpful to you?

21 of 25 people found the following review helpful

An excellent book -- a "must" for medical doctors.

By [kabir@zenhouse.com](#) on July 21, 1998

Format: Paperback

Product Images from Customers



[See all 5 customer images](#)

Most Recent Customer Reviews

Worked

It works pretty damn quick. I have always been curious and this booked helped me find a path to sexual enlightenment.

Published 2 months ago by Beau Phillips

Not Very Instructive

I've been having these kind of experiences for more than 20 years now, but I've never heard of the term 'Kundalini'. I bought this book on the recommendation of a friend. [Read more](#)
Published on May 1, 2011 by Sherri T.

Excellent

The store kindly shipped the book on express without me asking. It arrived quickly and in great shape. I am impressed they had this book which is out of print.
Published on September 18, 2010 by Amber

Excellent perspective by a western psychiatrist.

This book is a breakthrough for western people experiencing difficulties with kundalini. I need to find out about the kundalini clinic mentioned on the cover of the book. [Read more](#)
Published on June 19, 1998

Search Customer Reviews

[Search](#)

☒ Only search this product's reviews

If you are working in the medical field - especially if have to diagnose - use this book to get an idea about a natural development which up to now occurred very infrequently but which is going to be happing more often during the next years.

[Comment](#) Was this review helpful to you?

4 of 5 people found the following review helpful

Been there and done that

By [Robert M. Foster](#) on July 15, 2009

Format: Paperback

I read an earlier edition of this book, before I went on a retreat to see a spiritual teacher, with the intention of becoming enlightened, by the kundalini process. I was in a hurry. I now teach kinder and gentler and slower ways. Anyhow, somewhat to my surprise, I went through the process. Now everything continues, to make more and more sense. It was about starting to become enlightened, so I am continually learning. Unfortunately for me, my doctors unlike the author, at the time, were not enlightened, about things like this. I did learn how ignorant they were, though. [...]

[Comment](#) Was this review helpful to you?

1 of 1 people found the following review helpful

Kundalini experienced

By [Kult](#) on May 6, 2012

Format: Paperback **Amazon Verified Purchase**

This is a good book for anyone who has experienced or thinks they have experienced a Kundalini awakening, spontaneously or otherwise. The author does a good job of presenting the data in a rational, semi-scientific manner. Anyone experiencing some of the bizzare and esoteric side-effects of an awakening will find this book grounding and a good source of reference points along their journey. Not the definitive story on Kundalini, but a useful tool nevertheless.

[Comment](#) Was this review helpful to you?

[See all 9 customer reviews \(newest first\)](#)

[Write a customer review](#)

What Other Items Do Customers Buy After Viewing This Item?



[Kundalini: The Evolutionary Energy in Man](#) by Krishna Gopi Paperback
(22)

\$12.92



[Kundalini Rising: Exploring the Energy of Awakening](#) by Gurmukh Kaur Khalsa Paperback
(41)

\$13.74



[Spiritual Emergency: When Personal Transformation Becomes a Crisis \(New Consciousness Readers\)](#) by Stanislav Grof Paperback
(23)

\$11.30



[Autobiography of a Yogi \(Complete edition\)](#) by Paramahansa Yogananda Paperback
(369)

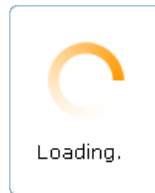
\$7.65

[Explore similar items](#)

Feedback

- ▶ If you have a question or problem, visit our [Help pages](#).
- ▶ Would you like to [update product info](#), [give feedback on images](#), or [tell us about a lower price](#)?

Your Recently Viewed Items and Featured Recommendations



Get to Know Us

[Careers](#)
[Investor Relations](#)
[Press Releases](#)
[Amazon and Our Planet](#)
[Amazon in the Community](#)

Make Money with Us

[Sell on Amazon](#)
[Become an Affiliate](#)
[Advertise Your Products](#)
[Independently Publish with Us](#)
► [See all](#)

Amazon Payment Products

[Amazon.com Rewards Visa Card](#)
[Amazon.com Store Card](#)
[Shop with Points](#)
[Credit Card Marketplace](#)
[Amazon Currency Converter](#)

Let Us Help You

[Your Account](#)
[Shipping Rates & Policies](#)
[Amazon Prime](#)
[Returns & Replacements](#)
[Manage Your Kindle](#)
[Help](#)



[Australia](#) [Brazil](#) [Canada](#) [China](#) [France](#) [Germany](#) [India](#) [Italy](#) [Japan](#) [Mexico](#) [Spain](#) [United Kingdom](#)

6pm
Score deals
on fashion brands

AbeBooks
Rare Books
& Textbooks

AfterSchool.com
Kids' Sports, Outdoor
& Dance Gear

Alexa
Actionable Analytics
for the Web

AmazonFresh
Groceries & More
Right To Your Door

Amazon Local
Great Local Deals
in Your City

AmazonSupply
Business, Industrial
& Scientific Supplies

Amazon Web Services
Scalable Cloud
Computing Services

Askville
Community
Answers

Audible
Download
Audio Books

BeautyBar.com
Prestige Beauty
Delivered

Book Depository
Books With Free
Delivery Worldwide

Bookworm.com
Books For Children
Of All Ages

Casa.com
Kitchen, Storage
& Everything Home

CreateSpace
Indie Print Publishing
Made Easy

Diapers.com
Everything
But The Baby

DPRreview
Digital
Photography

East Dane
Designer Men's
Fashion

Fabric
Sewing, Quilting
& Knitting

IMDb
Movies, TV
& Celebrities

Junglee.com
Shop Online
in India

Kindle Direct Publishing
Indie Digital Publishing
Made Easy

Look.com
Kids' Clothing
& Shoes

MYHABIT
Private Fashion
Designer Sales

Shopbop
Designer
Fashion Brands

Soap.com
Health, Beauty &
Home Essentials

TenMarks.com
Math Activities
for Kids & Schools

Vine.com
Everything
to Live Life Green

Wag.com
Everything
For Your Pet

Warehouse Deals
Open-Box
Discounts

Woot!
Discounts and
Shenanigans

Yoyo.com
A Happy Place
To Shop For Toys

Zappos
Shoes &
Clothing